

# RIDGEVIEW HIGH SCHOOL WOLF PACK

8501 Stine Rd., Bakersfield, CA 93313

## Athletic Clearance

Athletes **MAY NOT** participate in any of our sports programs, practices, trainings, summer programs, until they have received approval through our athletic department. Athletic Clearance is a two-step process designed to ensure that all athletes are healthy for participation and that both parents/guardians and athletes understand the inherent risks that accompany athletic competition. Once an athlete receives athletic clearance, it is valid for **ONE YEAR**. It is recommended to do your physical during May of every year so that your athlete is cleared for the school year. Athletes must repeat the process each year they plan on participating in our athletic programs.

The two-step process required to receive athletic clearance includes:



### **Registration:**

[SportsNet](#) : SportsNet is a secure registration platform that provides you with an easy, user-friendly way to register for our athletic programs, and helps us to more efficient and environmentally responsible.

It will be helpful to have the following information readily available for accurate completion of your online registration:

- Your Insurance information, including policy number
- Your physician information
- Emergency contact names and numbers

[Instructions](#) for Your Athletic Physical

[English](#)

[Spanish](#)

A sports physical examination from a medical doctor. Download

[Student Physical Form](#)